



2008 "BEST SPA FOR HIKING & WINTER SPORTS"

100 Mile House, BC-Sept. 22, 2008 Spa Finders Inc of New York, the global spa resource, has announced that The Hills Health Ranch has been named one of the top 10 Best Spas in the world for Hiking and Winter Sports in its 6th annual Readers Choice Award. Based upon thousands of votes submitted by SpaFinder.com visitors and Luxury Spa Finder Magazine around the world, the awards represent the most complete consumer assessment of the global spa market.

"Now in its 6th year, our Readers Choice awards have become the industry's premier award program - the spa worlds answer to the Academy Awards", said Spa Finder Inc. President Susie Ellis from New York.

"In last years 2007 polling, The Hills Health Ranch was voted as Best Spa for Weight Loss, and being recognized in 2008 for our amazing Winter Sports programs and our summer Hiking experiences, continues to give global consumer assurance of our high quality Spa experiences" said Pat Corbett, President.

"With our daily summer hiking programs on 20,000 acres, the December to March snowfalls creates some of North America's leading cross country ski & snowshoe trail networks & centers for outdoor ski'n spa enthusiasts" said Regula Wittmer, Wellness Director of The Hills Health Ranch. "There are few spas in the world that can offer what we have in winter", she added, "we have created the ultimate winter fitness facility & programs with 150 KM of world class cross country ski trails, snowshoeing, our own downhill ski & snowboard terrain park, 2 outdoor skating rinks, snowmobiling, dogsled tours, & snow tubing with lift, to compliment our 40 fitness classes and workshops weekly".

If you would like any further information on The Hills Health Ranch and any of the Hiking or Winter Sports programs and services offered, please contact Mr. Pat Corbett, President at pat@thehillshealthranch.com, or visit www.spabc.com or phone 1-800-668-2233

*Named Best Canadian Fitness Spa * Glow Magazine 2007
Best Spa, Spa Finder Readers Poll - 2008 for Winter Sports,
2007 For Weight Loss, 2005 For Men*